

Confused About When to Begin Breast Cancer Screening?

(You needn't be—Read more!)



Most major medical organizations recommend ANNUAL MAMMOGRAMS BEGINNING AT AGE 40. Mammograms save lives!

- The U.S. Preventive Services Task Force (USPSTF) recommends a mammogram only every 2 years beginning at age 50.
- USPSTF policy affects whether most government and private insurance is required to cover this service without patient deductibles and co-pays.

Most recommend that women continue to have mammograms as long as they are in good health or likely to live 5 to 10 years longer.

- The USPSTF recommends women stop receiving mammograms at age 74.
- The likelihood of developing breast cancer increases throughout a woman's life.

The American College of Radiologists and the Society for Breast Imaging recommend that 3D mammograms "improve key screening parameters compared to digital mammography." Sparks & Favor uses this type of mammography. The USPSTF does not support routine use of 3D mammography.